

2018 International 22q11.1DS Family Meeting, *Whistler, Canada*
Ania M. Fiksinski, MSc. "Understanding IQ scores"

Cognitive functioning, reflected by an IQ-score, plays an important role in all considerations to be made about individuals with 22q11.1DS; whether in a medical-, school-, working-, or home-setting. At the same time, IQ-scores are often difficult to interpret and it is challenging to translate their meaning to daily-life settings. In this lecture, Drs. Fiksinski will firstly shed light on the importance of knowing about IQ-levels in people with 22q, and secondly on how to make sense of the number that is an IQ-score. For the first part, the focus will be on several observations many years of research have demonstrated about IQ in individuals with 22q11.1DS and how these may be informative in finding and maintaining balance between on the one hand individual capacities and difficulties, and environmental demands on the other hand. The second part will delineate what components actually constitute IQ, how these may translate to daily life, and what an IQ-number represents.